What is Limu?

Limu is short for “Limu Moui” which means “Sea Plant” in Tongan. The Tongans in the South Pacific Islands have been harvesting this brown seaweed for three thousand years. They claim that this is the reason they live long, healthy lives. Recently, in the past 25 years, scientists from around the world have been studying this sea plant to see what it is that makes Limu Moui so nourishing to the body. They have discovered that it contains a super nutrient called Fucoidan. This nutrient is not found in any land-based plants. It has been found that Limu can help with over 97 conditions in the body. Here are some of them:

- Improving your overall health, Enhance your Immune System, Anti-inflammatory Properties,
- Allergy relief, Blood Pressure & Cholesterol Control, Cancer Inhibiting Properties, Hormone and Breast Health, Diabetes & Hypoglycemia Help, Gastrointestinal Issues, Blood Clot & Stroke Improvement,
- Stress & Healing, Hair, Skin and Nail Health, Weight and Appetite Control and Eliminate Food Cravings, Reduce Hyperactivity and Anti-Aging Properties.

By Sharon Foutch

What is Original Limu?

Harvested in the pristine waters of the islands of Tonga, ORIGINAL LIMU is a WHOLE PERFECT FOOD. For over 3,000 years, THE people of Tonga have passed down the legendary health benefits of a wondrous sea plant known as Limu Moui. Limu has 72 minerals, vitamins, polyphenols, glyconutrients, antioxidants and amino acids. MOST significantly, ORIGINAL LIMU contains FUCOIDAN, which mimics a mother’s breast milk. FUCOIDAN is what sets LIMU apart from any other nutritional drink, as it is not found in any land-based plants.

This unique substance, FUCOIDAN, has been sited in over 670 independent 3rd party unsolicited scientific studies. Published in such highly respected publications as the Journal of Molecular Immunology, Anti-Cancer Research and the Journal of Infection Immunology, FUCOIDAN could be proven to be most powerful immune supporting nutrient ever discovered. Studies sighting the extraordinary gifts of FUCOIDAN are currently listed in the National Library of Medicine at www.pubmed.org.

Believed to be the Most Powerful Nutrient ever discovered, “ORIGINAL LIMU” is naturally loaded with FUCOIDAN, A PERFECT WHOLE FOOD FROM THE SEA.

From Victoria West’s magazine article in “Natural Awakenings” May 2006

What is Limu?

Limu is a whole food drink (supplement) from the sea that repairs and nourishes the body. It has the ability to coat and protect every cell in your body from diseases. It also supports and builds the immune system, much like mother’s milk does for a newborn baby.

Stop and listen to your customer.

“Are you confused about which multi-vitamin and mineral supplements to take? Limu can replace most of them.” Or “Are you currently taking a multi-vitamin supplement?”

Now listen to what they are saying.
“Do you or your loved ones have any health concerns?” (Show them the 97 Reasons Brochure)

What are they saying to you?

Get your brochures out and say,

“Are you interested in more information about Limu?”

Wait for a yes or no.

Give them the best brochure for their health concerns. Then ask, “What is the best way for me to contact you, e-mail or phone?” Then be sure to have paper and pen available to write that down!

Your goal is to connect with them and get them to ask you questions. Give yourself 10 points for every question they ask you!!

Important points for approaching someone with Limu:

2. Ask Questions . . . Get them to talk to you.
3. Give information . . . Answer their questions and remember to listen with eye contact.
   Remember to pause. Let them ask you more. If they talk more they may sell themselves on the need for Limu.

I have some great resources available for you. There is a magazine called, **Breakthrough in Health**, which is almost entirely devoted to the sea plant Limu Moui. This magazine interviews medical doctors about their experiences with Limu and how it has helped their patients. There many interesting articles which are easy to read and understand. Here are some of the topics covered:

   Reducing the need for Antibiotics (page 14)
   Lowering the Risk of Diabetes by Losing Weight (page 22)
   Limu for reducing toxic chemicals and heavy metals in the body (page 28)
   Turning the table on Cancer Cells (page 36)
   97 Reasons to Drink Limu (page 50)
   Mrs. Maryland America 2005 talks about Nutrition and Limu (page 66)
   Why Doctors Prescribe so Many Drugs (page 68)
   Limu and the Food Pyramid (page 72)
   Limu: a Heart Healthy Food (page 82)
   Medical Professionals are interviewed (page 57)

This magazine also includes a CD in the centerfold where you can hear physicians and health professionals explain why Limu, with more than 70 health-giving nutrients, including fucoidan, is your key to optimum health! Hear Dr. Donna Antarr, M.D. give details about her father recovery from Alzheimer’s disease.

Tips from Sharon Foutch and Carol Oxford
What is Limu?

Limu is a WHOLE PERFECT FOOD in liquid form that helps the body do what it was designed to do . . . be healthy! The body does all the work once it gets the nutrients it needs. Original Limu provides the nutrients your body needs to restore your body back to good health.

This product is not a drug. It is a food supplement and is therefore not intended to diagnose, cure or treat any illness or disease. However, your body may display powers of its own when you feed it the right nutritional building blocks.

I’m looking for people who want to get healthy and stay healthy and help others to do the same. Limu will help you regain and retain good health. Do you know anyone who has any of these conditions? (Show the 97 Reasons brochure or list.)

Limu is short for Limu Moui (pronounced Lee Moo Moo-ey), which means “Sea Plant” in Tongan. This Limu is a brown seaweed that has been amazing scientist and the medical community for 25 years. Scientists have found that Limu Moui contains a nutrient called, Fucoidan that may just be the most powerful nutrient ever discovered! Right now there are over 670 independent studies on Fucoidan that you can read for yourself on the National Library of Medicine’s website: www.pubmed.gov. Here is a breakdown of some of these studies:

- 169 studies on Tissue-Replacement – organs & skin
- 157 studies on The White Blood Cell
- 79 studies on Bacteria
- 53 studies on Cancer
- 51 studies on Tumors
- 36 studies on The Immune-response System
- 35 studies on Inflammation
- 31 studies on the Liver
- 31 studies on Viruses
- 24 studies on Glucose
- 23 studies on Cholesterol
- 23 studies on Antibiotics
- 14 studies on Bowel Flora
- 11 studies on Stress and so on . . .

Nutrients found in Limu (from the nutrient List)

Saccharides - - - Glyconutrients (Essential Sugars) – 8 including Fucoidan which fights cancer 4 ways! (Fights disease and promotes cell communication)
Amino Acids - - - 20 (Building blocks of Life)
Sterols - - - 2 (Blocks the absorption of cholesterol and increases anti-oxidant enzymes in the body)
Mucilage - - - 1 (Satisfies hunger, strengthens hair, skin, nails)
Chlorophyll - - - 1 (Nourishes red blood cells)
Minerals - - - 14 (Essential for all life, supports thyroid health, bone and tooth health, nerve function, protects against cancer, etc.)
Vitamins - - - 14 (Vision, cell division, immunity, regulates mood, anti-stress and fat metabolism, cancer prevention, anti-oxidant, anti-coagulant, cell development, breaks down fatty deposits under the skin, etc.)
Essential Fatty Acids - - - 2 (Omega 3 & 6 which are good fats that prevent cardiovascular disease and promotes optimal health)
Laminarin - - - 1 (Anti-clotting and anticancer compound)
Polyphenols - - - (Anti-oxidants, prevents heavy metal buildup)
Fiber - - - (Aids digestion, promotes feeling of fullness)

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Limu the Amazing Super-Food by Hank Innerfeld

I am incredibly excited about the super-food called Original Limu that has only recently become available in the US marketplace and has very unusual properties that help the body heal and restore energetic balance. Passion and joy become a part of your life even if it wasn’t there before! Most people experience renewed energy and physical vitality within a short period of time. Limu appears to be not only balancing our bodies, but also strengthening our immune system and generally increasing our overall vitality and life-force. It is truly a gift.

Limu is derived from a sea plant that thrives in the Pacific Ocean off the island of Tonga. It contains 77 nutrients, providing the body with the tools to repair itself, and a complex sugar called fucoidan, which is found in no land-based plants and only a handful of sea plants. Western medicine has been studying fucoidan in over 660 studies and is viewing it as a potential wonder drug of the future. For more details on the studies you can go to Library of Medicine website then search: fucoidan... fucoidan/cancer... fucoidan/arthritis... fucoidan/diabetes... fucoidan/heart disease... etc. You will be amazed!

When taking LIMU, 1/3 of the people using Limu notice results from instantly to within a week, 1/3 see results within the first month, the final 1/3 can take 2 to 3 months until their body goes back into balance and they clearly can see the benefits. So as you choose to pursue Limu for yourself and your family, allow the proper time-framework for your body to use the nutritional building blocks in LIMU to repair itself into a vibrant state of health. Limu is also very effective with our pets in both maintaining their health and in relieving their joint pain.

There is more information on the company, the product and how to order LIMU at www.TheLimuCompany.com. There was also national prime-time news coverage of Limu in April 2006 which can be found on the website. (Click on videos and review the ABC News coverage). Limu is providing people with many new degrees of freedom in their lives. I encourage you to check it out for yourself and experience first-hand what Limu can do to improve your life.