

# Silver Shines in Hollywood

Last month, avid readers of *The Doctors' Prescription for Healthy Living* will recall Academy Award-nominated actress, Virginia Madsen (of *Sideways* fame), told us how she absolutely loves Sovereign Silver hydrosol for immune protection when she travels. Virginia must be reading the latest scientific journals.

by Robert Scott Bell, D.A. Hom.

If you don't know yet, silver is perhaps nature's most powerful, natural anti-microbial substance. And that's good news for anybody who is looking to help themselves stay healthy and free from all sorts of bacterial and viral pathogens whether at home, work or while traveling.

For oral health you can swish silver hydrosol in your mouth and for nasal and sinus health you can spray it into the nasal passage. For respiratory health, you can take it orally with a dropper, or even nebulize it when there is respiratory stress. Silver hydrosol is a very versatile, healthy immune element with a broad range of properties supportive of good health, immune and regenerative functions.

At the Centre for Nanotechnology and Regenerative Medicine, Division of Surgery and Interventional Science, University College London, London, UK, researchers write, "Nanosilver (NS), comprising silver nanoparticles, is attracting interest for a range of biomedical applications owing to its potent antibacterial activity. It has recently been demonstrated that NS has useful anti-inflammatory effects and improves wound healing, which could be exploited in developing better dressings for wounds and burns. The key to its broad-acting and potent antibacterial activity is the multifaceted mechanism by which NS acts on microbes."

## SILVER'S STARTLING POWER TO SUBDUCE TB

And just ask the researchers from the Biological Sciences Division, Indian Statistical Institute, in West Bengal, India whose work in the October 10, 2010, issue of *Current Microbiology* shows how powerful this element is against one of our most notorious global killers: tuberculosis (TB).

Despite discovery of the pathogen more than 100 years ago, TB continues to be a major killer disease worldwide. Currently, TB infects a third of the world's population and multiple-drug-resistant (mdr) TB registers show it is the cause of maximum mor-



Virginia Madsen on *Healthy Living's* March, 2011 cover

tality by a single pathogen. "Nanomedicine provides enormous opportunity for developing novel drugs," they note. In this first ever study on clinical isolates collected from TB endemic areas, they report that nanosilver acts as a "potent anti-TB drug."

In the U.S., the best choice for silver is a supplement, not a drug. Sovereign Silver® is the leading nano- and pico- formulation, most widely used and trusted, with the highest oligodynamic potency (bioactivity).

The science tells us the smaller the particle, the more powerful. Remember, we're dealing with sub-microscopic viruses and bacteria here, and little ions with bursts of energy are more targeted and infiltrate better than larger, less active particles. For example in the July 2010 issue of *Environmental Science and Technology*, researchers from the Particle Technology Laboratory, Institute of Process Engineering, Department of Mechanical and Process Engineering, ETH Zurich, Switzerland, report this very finding. They found that the "antibacterial activity of nanosilver was dominated by the germ-killing Ag(+) ions when fine Ag nanoparticles (less than about 10 nm in average diameter) were employed...In contrast, when relatively larger Ag nanoparticles were used, the concentration of the released Ag(+) ions was lower."

Sovereign Silver is available both as a hydrosol in dropper, spray and intranasal applications and as a homeopathic gel for skin and wound healing.

Keep different types around the house for various uses and be like Virginia Madsen: don't leave home without it. ■



## Resources

Sovereign Silver Homeopathic First Aid Gel and silver hydrosol formulas are available at health food stores, natural pharmacies, from medical professionals and wherever quality natural medicines are sold. Visit [www.sovereignsilver.com](http://www.sovereignsilver.com) or call 888-328-8840 for more information on using silver for its many important health benefits.